











M&L
Food Market
 Happy New Year

01/02/2024 to 01/08/2025

HOT FOOD & BAKERY- BREAD :- 🎈 🎈

- * Meat w/ potatoes combo >>: \$10.49 
- * Chicken w/ potatoes combo >>: \$8.49 
- * Baguette >>: \$1.99 
- * Pastry apple & pineapple >>: \$1.09 

PRODUCE:- 🎈 🎈

- * Green pepper LB >>: \$2.19 
- * Cucumber Euro EA >>: \$1.79 
- * Sweet potato LB >>: \$ 0.69 LB 
- * Mango EA >>: \$1.29 
- * White potato 5 lb EA >>: # \$3.39 
- * Eggplant LB >>: \$2.29 
- * Yellow onion LB >>: \$ 0.89 LB 
- * Green banana LB >>: 0.69 LB 

DELI:- 🎈 🎈

- * Yellow & white american chs >>: \$ 4.29/Lb 
- * Provolone cheese LB >>: \$ 4.99/LB 
- * Muenster cheese LB >>: \$ 4.99 /LB 
- * Serrano ham LB >>: \$ 5.29/LB 
- * Cooked ham LB >>: \$ 3.99 /Lb 

* Black forest ham LB

>>: \$ 3.99 /Lb



SEAFOOD:- 🎉 🎉

* Seafood Whole tilapia 3 lb

>>: \$12.99



* Swai filette LB

>>: \$3.99



MEAT:- 🎉



* Beef lean for stew

>>: \$ 6.49/LB



* Beef eye round steak

>>: \$ 6.99/ LB



* Beef eye round roast

>>: \$ 5.99 /LB



* Ground beef

>>: \$ 5.99/LB



CHICKEN:- 🎉



* Whole chicken LB

>>: \$ 1.99/LB



* Chicken combo drumstick & thigh

>>: \$ 1.79/LB



* Chicken thigh boneless skinless LB

>>: \$ 2.99 /LB



GROCERY & LATIN PRODUCTS:- 🎉 🎉

* Vezabal sunflower oil 1 lt

>>: \$7.29



* Royal basmati rice 10 lb bag

>>: \$16.99



* Kraft italian dressing /balsamic vinaigrtt 8z

>>: \$3.49



* E-day tomato sauce tradicional (only) 24z

>>: \$3.49



* Barilla pasta Farfalle 14.05 oz

>>: \$3.89



* Pillsbury Funfetti cake 15.2 oz

>>: \$2.69



* Canaria Serena yerba mate 1kg

>>: \$13.99













* Gold Medal flour all purpose 5 lb

>>: \$8.29



- * Del monte Green beans 14.5 z  >>: \$2.69 
- * La Fe red kidney bean 15.5 oz  >>: \$1.69 
- * Hatuey Crackers saltina only 10.1 oz  >>: \$2.19 
- * Goya spaguetti sauce 25 oz  >>: \$3.79 
- * Carnation evaporated milk 12 oz  >>: \$2.69 
- * Pilon Coffee family SZ 36 oz  >>: \$21.99 
- * Essential E crunchy rice cereal 12 oz  >>: \$4.49 
- * Quaker rice cake (Apple & C - Chocolt)  >>: \$3.99 
- * Essential E mixed fruit 15 oz  >>: \$2.69 
- * Mily's crackers Pies 20 oz  >>: \$5.99 
- * Essential E Olives manzanilla 7 oz  >>: \$3.29 
- * Oxi clean spray laundry stain remover 12 oz  >>: \$5.19 
- * Pinalen all cleaner floral 28 oz  >>: \$2.59 
- * Charmin bath tissue 4 roll mega  >>: \$10.99 
- * E-day party bowls red 18 ct 20 oz  >>: \$4.99 

DAIRY :- 

- * Organic Valley Lact free 2% milk 59 oz  >>: \$5.99 
- * Philadelphia cream cheese 2pk  >>: \$5.99 
- * Silk whipping cream 16 oz  >>: \$5.99 
- * Kraf deli deluxe american cheese  >>: \$8.99 
- * Mavesa butter 17.6 oz  >>: \$5.79 

FROZEN :- 🎈🎈

- * Blue Bunny Icream Pistacho ONLY 48 oz >>: \$7.99
- * Amys vegetable lasagna 9.5 oz >>: \$5.69
- * La saltena tapa de empanada 550 gm >>: \$5.19
- * Banquet wings hot & spicy 11 oz >>: \$8.99

