


















M&L Food Market

12/05 to 12/11/2024

HOT FOOD & BAKERY- BREAD :-

- * Meat w/ potatoes combo >>: \$10.49 
- * Chicken w/ potatoes combo >>: \$8.49 
- * Barra Latina bread >>: \$2.99 
- * Pastry (Apple & Pineapple) >>: \$1.29 

PRODUCE:-

- * Green onion EA >>: 2/\$ 1.00 
- * Orange EA >>: 2/\$ 1.00 
- * Tomato Vine LB >>: \$ 1.19 LB 
- * Tangerine 3lb bag EA >>: \$2.99 
- * Sweet potato LB >>: \$ 0.69 LB 
- * Yukon potato 5 lb EA >>: # \$2.99 
- * Malanga white LB >>: \$ 1.19 LB 
- * Guava LB >>: \$ 3.49 LB 
- * Red onion LB >>: \$ 1.39 LB 
- * Yellow onion LB >>: \$ 0.79 LB 
- * Pineapple EA >>: \$2.29 

DELI:-

- * Mozzarella chesse LB >>: \$ 4.99/Lb 
- * Provolone cheese LB >>: \$ 4.99/LB 



- * Muenster cheese LB
- * Serrano ham LB
- * Old fashion ham LB



- >>: \$ 5.29/LB 
- >>: \$ 5.99/LB 
- >>: \$ 5.29/Lb 

SEAFOOD:-

- * Seafood Whole tilapia 3 lb
- * Panamei swai filette porciones 2 lb

- >>: \$12.99 
- >>: \$11.49 

MEAT:-



- * Beef bnl under blade steak choice
- * Beef boneless under blade roast
- * Ground beef LB
- * Beef sirloin roast boneless lb

- >>: \$ 7.49/LB 
- >>: \$ 6.99/LB 
- >>: \$ 5.99/LB 
- >>: \$ 7.29/LB 

CHICKEN:-

- * Chicken legs quarters LB
- * Whole Chicken LB
- * Chicken bone in thigh LB



- >>: \$ 1.29/LB 
- >>: \$ 1.99/LB 
- >>: \$ 1.29 /LB 

GROCERY & LATIN PRODUCTS:-






- * Louana vegetable oil 48 oz
- * Royal basmati rice 10 lb bag
- * Kraft italian dressing /balsamic vinaigtt 8z
- * E-day tomato sauce tradicional (only) 24z
- * Barilla pasta Farfalle 14.05 oz
- * Dixie Crystal white sugar 2 lb



- >>: \$7.29 
- >>: \$16.99 
- >>: \$3.49  
- >>: \$3.49 
- >>: \$3.89 
- >>: \$2.99 

- * Musselman's white Vinegar 32 oz >>: \$3.09 
- * Gold Medal flour all purpose 32 oz >>: \$3.79 
- * Del monte Green beans 14.5 z >>: \$2.69  
- * Planters Peanut Unsalted 16 oz >>: \$4.99 
- * Hatuey Crackers saltina only 10.1 oz >>: \$2.19 
- * Polvoron punto rojo cookies 16 oz >>: \$5.19 
- * Cheerios Multigrain cereal 9 oz >>: \$7.19 
- * Pilon Coffee family SZ 36 oz >>: \$21.99 
- * Goya black refried bean orgn 16 z >>: \$2.99 
- * E-day lentils bean 16 oz bag >>: \$1.99 
- * Ocean S cran x apple juice 64 oz >>: \$5.49 
- * Chips ahoy! chunky cookies chlt 11.75z >>: \$5.99 
- * Libby 100% pure pumpkin 15 oz >>: \$3.29 
- * Windex cleaner spray 500 ml >>: \$3.59 
- * Cloralen aromas cleaning 32.1 oz >>: \$2.69 
- * Charmin bath tissue 4 roll mega >>: \$10.99 
- * E-day party bowls red 18 ct 20 oz >>: \$4.99 

DAIRY :- 

- * Oscar mayer Chicken/Turkey Breast 9 oz >>: \$7.99 
- * E-Day mild cheddar cheese 7 oz bag >>: \$2.59 
- * Organic Valley 2% lact f 64 oz >>: \$5.29  
- * Bar-s hot dog jumbo 3 lb >>: \$18.99 

* Clyde's powdered donut box 12 oz

>>: \$2.99



FROZEN :-  

* Blue Bunny Icream Pistacho ONLY 48 oz

>>: \$7.99



* Amys vegetable lasagna 9.5 oz

>>: \$5.69



* Ore-Ida diced hasbrown potatoes 32 oz

>>: \$6.99



* El sembrador Tequeno cheese 8ct

>>: \$5.99

